HOW INTENSE IS YOUR WRITING?

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| **Instead of…** | **Try these:** |
| **happy** | **content** | **pleased** | **cheerful** | **sparkling**  | **overjoyed** | **ecstatic** |
| **sad** | **down** | **low-spirited** | **heavyhearted** | **grief-stricken** | **inconsolable**  | **devastated** |
| **mad** | **annoyed** | **cross** | **exasperated** | **furious** | **enraged**  | **irate** |
| **nice** | **agreeable**  | **pleasant** | **courteous** | **charming** | **delightful** | **admirable** |
| **mean** | **bitter** | **hard-hearted** | **cruel** | **spiteful** | **vicious** | **wicked** |
| **good** | **acceptable** | **first-rate** | **splendid** | **marvelous** | **stupendous** | **superb** |
| **bad** | **unacceptable** | **awful** | **terrible** | **dreadful** | **abominable** | **atrocious** |
| **pretty** | **cute** | **adorable** | **alluring** | **gorgeous** | **captivating** | **magnetic** |
| **big** | **ample** | **hefty** | **massive** | **enormous** | **colossal** | **monstrous** |
| **small** | **limited** | **meager** | **pocket-sized** | **puny** | **microscopic** | **miniscule** |
| **scary** | **creepy** | **unnerving** | **eerie** | **horrifying** | **hair-raising** | **blood-curdling** |
| **very** | **quite** | **particularly** | **certainly** | **remarkably** | **exceedingly** | **extraordinarily** |
| **a lot** | **many** | **a great deal** | **a large number** | **a substantial amount** | **an abundance** | **countless numbers** |
| **fun** | **amusing** | **entertaining** | **lively** | **inspiring** | **enthralling** | **epic** |